

58 Annual Baker Gordon YEARS EDUCATIONAL SYMPOSIUM



February 8th-10th, 2024

Hyatt Regency Downtown Miami
400 S.E. 2nd Avenue, Miami, Florida

THE ELEGANCE OF THINKING AESTHETICALLY

JOINT PROVIDERSHIP:

Jointly provided by
The American Society for
Aesthetic Plastic Surgery, Inc.



SPONSORED BY:



UNIVERSITY OF MIAMI
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of MEDICINE

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The Aesthetic Society

Sponsored by

The University of Miami – Leonard M. Miller School of Medicine



UNIVERSITY OF MIAMI
MILLER SCHOOL
of MEDICINE

Endorsed by



The American Society of Plastic Surgeons
International Society of Aesthetic Plastic Surgery



Thursday, February 8th, 2024

Friday, February 9th, 2024

Saturday, February 10th, 2024

Faculty

William P. Adams Jr., M.D.	Jeffrey M. Kenkel, M.D.
Daniel C. Baker, M.D.	Aaron Kosins, M.D.
Daniel Del Vecchio, M.D.	Gabriele C. Miotto, M.D.
Dino Elyassnia, M.D.	Timothy J. Marten, M.D.
Steven Fagien, M.D.	Rodney J. Rohrich, M.D.
Mary Gingrass, M.D.	David Rosenberg, M.D.
Melinda Haws, M.D.	Spero Theodorou, M.D.
David A. Hidalgo, M.D.	Jacob G. Unger, M.D.
Alfredo Hoyos, M.D.	James M. Stuzin, M.D.

Seminar Site

HYATT REGENCY HOTEL

400 S.E. 2nd Avenue, Miami, FL (Ashe Auditorium)

2024 WELCOME ADDRESS

THE ELEGANCE OF THINKING AESTHETICALLY

It has been said that the definition of elegance is the Art of not Astonishing. The aim of all aesthetic surgery is to create, enhance or restore shape while minimizing signs that a surgical procedure has been performed. Patients seek a natural result, but all too commonly the stigma of surgical exaggeration becomes apparent postoperatively. While rarely discussed, from our perspective, the etiology of surgical distortion lies not in the technical approach but rather in the acuity of the surgeon's vision and how technique is varied to satisfy the artistic needs of the patient.

The theme of the fifty-eighth Baker Gordon Symposium on Aesthetic Surgery is, *"The Elegance of Thinking Aesthetically"*. It is the aim of this year's meeting to examine those factors which incorporate visual and intuitive perception in accordance with technical variations, creating beauty that refreshes but does not astonish.

The 58th Baker Gordon Symposium will focus on aesthetic and technical concepts which produce natural results in face lifting, body contour surgery, primary and revisionary breast surgery and rhinoplasty. Non-surgical advances in radiofrequency, techniques for micro coring, nanofat and improved outcomes utilizing reconstituted injectable fillers will also be presented.

The hallmark of the Baker Gordon Symposium is live surgery demonstrations. For the 58th symposium, six live surgeries have been scheduled including demonstrations of neck lifting, deep plane face lift, alternative technical approaches to maintain long term shape in mastopexy augmentation, as well as both the open and endonasal approach to preservation rhinoplasty. This year's Symposium will also include lectures and interactive videos demonstrating aesthetic concepts in upper and lower blepharoplasty, advances in high-definition liposuction in conjunction with rib resection and methods to combine high-definition with gluteal augmentation.

The Keynote Speaker for the 58th Baker Gordon Symposium is Dr. Daniel C. Baker, Professor of Plastic Surgery at New York University and a Pioneer in surgical rejuvenation of the aging face. Having performed perhaps more face lifts than any other surgeon worldwide, Dr. Baker will share with us his near half-century experience devoted to advancing techniques and aesthetic outcomes in face lifting.

We remain thankful for the opportunity to continue the tradition that Dr. Thomas J. Baker started in 1967, combining lectures and live demonstrations from masters in the field of aesthetic surgery. In 1967, Dr. Baker set the bar for excellence in aesthetic surgery education and it is our sincere hope that this year's meeting continues this tradition of excellence. We greatly appreciate offering the opportunity to host you in Miami for what promises to be an exciting, interactive educational experience. 58 Years of Excellence in Aesthetic Surgery Education.

FACULTY

William P. Adams Jr., M.D.

Program Director, UT Southwestern Aesthetic Surgery Fellowship
Associate Professor, UT Southwestern Department of Plastic Surgery
Educations Commissioner & Vice-President
The Aesthetic Society
University Park, Texas

Daniel C. Baker, M.D.

New York, New York

Daniel Del Vecchio, M.D.

Associate Staff Physician
Massachusetts General Hospital
Back Bay Plastic Surgery
Boston, Massachusetts

Dino Elyassnia, M.D.

Marten Clinic of Plastic Surgery
San Francisco, California

Steven Fagien, M.D., FACS

Private Practice
Boca Raton, Florida

Mary Gingrass, M.D.

Private Practice
Clinical Assistant Professor at Vanderbilt University
Nashville, Tennessee

Melinda Haws, M.D.

President, The Aesthetic Society
Private Practice- Nashville, Tennessee
Clinical Assistant Professor at Vanderbilt University
Nashville, Tennessee

David Hidalgo, M.D.

Clinical Professor of Surgery
Weill-Cornell Medical College
New York, New York

Alfredo Hoyos, M.D.

Private Practice
Bogota, Colombia

Jeffrey M. Kenkel, M.D.

Professor and Chairman
Department of Plastic Surgery
University of Texas
Southwestern Medical Center
Dallas, Texas

Aaron Kosins, M.D.

Private Practice
Newport Beach, California
Assistant Clinical Professor
University of California, Irvine School of Medicine
Co-Director Aesthetics
Department of Plastic Surgery
Newport Beach, California

Gabriele C. Miotto, MD, MEd.

Medical Director – ME Plastic Surgery Atlanta
Adjunct Associate Professor, Division of Plastic and Reconstructive Surgery, Emory University.
ASERF Secretary
ISAPS Assistant National Secretary USA

Timothy J. Marten, M.D.

Founder and Director of Marten Clinic of Plastic Surgery
San Francisco, California

Rodney J. Rohrich, M.D., FACS

Clinical Professor of Plastic Surgery
Baylor College of Medicine
Past Chair/Distinguished Teaching Professor
Of Plastic Surgery
UT Southwestern Medical Center
Founding Partner
Dallas Plastic Surgery Institute
Dallas, Texas

David Rosenberg, M.D., PLLC

Faculty-Academy of Facial Plastic and Reconstructive Surgery Fellowship
New York University
Private Practice New York, New York

Spero Theodorou, M.D.

Clinical Assistant Professor of Surgery
Zucker School of Medicine Hofstra University
Faculty Aesthetic Fellowship Manhattan, Eye, Ear and Throat Hospital, New York, New York
Chief Medical Officer, Inmode, Lake Forrest, CA
Director, Bodysculpt Clinic, Manhattan, New York

Jacob G. Unger, M.D.

Founder and Director
Nashville Plastic Surgery Institute
Nashville, Tennessee
Clinical Assistant Professor of Plastic Surgery
Vanderbilt University
Past Chief of Division of Plastic Surgery
Ascension St. Thomas Midtown Hospital
Nashville, Tennessee

James M. Stuzin, M.D.

Professor of Surgery (Plastic) – Voluntary
University of Miami Leonard M. Miller
School of Medicine
Courtesy Clinical Associate Professor
College of Medicine, University of Florida
Academic Staff, Cleveland Clinic
Weston, Florida
Miami, Florida

THIS COURSE IS AVAILABLE TO PLASTIC SURGEONS AND THEIR RESIDENTS

Limited Registration

ACCREDITATION/DESIGNATION



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Society for Aesthetic Plastic Surgery, Inc. (The Aesthetic Society) and the Baker Gordon Annual Symposium. The American Society for Aesthetic Plastic Surgery, Inc. (The Aesthetic Society) is accredited by the ACCME to provide continuing medical education for physicians.

DESIGNATION STATEMENT

The American Society for Aesthetic Plastic Surgery, Inc. (The Aesthetic Society) designates this live activity for a maximum of 22.5 **AMA PRA Category 1 Credits™**. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Credit hours are subject to program changes.

Of the 22.5 credits, 7 credits have been identified as Patient Safety credits.

DISCLOSURE POLICY

The Aesthetic Society requires all faculty, authors, planners, reviewers, moderators, staff, leadership, volunteers and all other individuals in a position to control or influence the content of an activity to disclose all financial relationships in the past 24 months. The Aesthetic Society also requires faculty/authors to disclose when off-label/ unapproved uses of products are discussed in a CME activity or included in related materials.

All identified relevant financial relationships have been mitigated and the educational content thoroughly evaluated by The Aesthetic Society for fair, balanced, and safe, effective patient care.

Participation in Society and Foundation governance and directly and jointly provided educational programs will not be allowed without this disclosure.

PROGRAM

THE ELEGANCE OF THINKING AESTHETICALLY

Thursday, February 8th, 2024

LIVE SURGERY

8:30 a.m. Necklift

James M. Stuzin, M.D.

Elegant Concepts for Facial Rejuvenation

9:30 a.m. The Aesthetic Advantages of the Deep Plane Facelift

David Rosenberg, M.D.

9:50 a.m. The Aesthetic Advantages of the Bilamellar High SMAS Facelift

Timothy J. Marten, M.D.

10:10 a.m. 35 Year Experience Utilizing Extended SMAS, SMASectomy and Plication Techniques in Face Lifting

David Hidalgo, M.D.

10:30 a.m. **PANEL DISCUSSION:** Do Different Techniques Produce Different Aesthetic Results in Face Lifting

David Hidalgo, M.D.

David Rosenberg, M.D.

Timothy J. Marten, M.D.

Daniel C. Baker, M.D., *Moderator*

11:00 a.m. Coffee Break

Aesthetic Concepts for Upper and Lower Blepharoplasty

11:30 a.m. Precision in Shaping the Upper Lid

Gabriele C. Miotto, M.D.

11:40 a.m. Upper Blepharoplasty – Lessons Learned

Steven Fagien, M.D.

11:50 a.m. Elegance in Contouring the Lower Lid

Gabriele C. Miotto, M.D.

12:00 p.m. The Role of Canthal Support in Lower Blepharoplasty

Steven Fagien, M.D..

12:10 p.m. **DISCUSSION**

Rodney J. Rohrich, M.D., *Moderator*

12:30 noon Lunch

LIVE SURGERY

1:30 p.m. Deep Plane Facelift

David Rosenberg, M.D.

2:30 p.m. Upper and Lower Blepharoplasty
(INTERACTIVE VIDEO)

Gabriele C. Miotto, M.D.

2:50 p.m. **DISCUSSION**

3:00 p.m. Upper and Lower Blepharoplasty
(INTERACTIVE VIDEO)

Steven Fagien, M.D.

3:20 p.m. **DISCUSSION**

3:30 p.m. Coffee Break

Aesthetic Considerations for Nonsurgical Facial Rejuvenation

4:00 p.m. Long Term Results with Radiofrequency – Primary Procedure, in Combination with Surgery and As An Aid for Revision Following Surgery

Spero Theodorou, M.D..

4:20 p.m. **DISCUSSION**

4:30 p.m. Evidence Based Results with Noninvasive Skin Tightening, Micro Coring, Micro Needling and Nano Fat Grafting

Jeffrey M. Kenkel, M.D.

4:50 p.m. **DISCUSSION**

5:00 p.m. The Versatility of Reconstituted Hyaluronic Acid Fillers for Fine Line Filling and Volumetric Enhancement

Steven Fagien, M.D.

5:20 p.m. **DISCUSSION**

5:30 p.m. **Live Demonstration:** Multimodal Radiofrequency for Facial Rejuvenation

Spero Theodorou, M.D.

5:30 p.m. **Live Demonstration:** Injectable Fillers and Neuro-Modulators – Botox, Dysport, Xeomin, Jeuveau, Restylane, Restylane Silk, Restylane Lift, Restylane/Defyne, Restylane/Refyne, Juvederm, Voluma, Vollure, Volbella, Belotero, and Radiesse

Steven Fagien, M.D.

Spero Theodorou, M.D.

Jeffrey M. Kenkel, M.D.

James M. Stuzin, *Moderator*.

6:30 p.m. **Adjournment**

Between times, you may visit the exhibit area, chat with friends and simply enjoy.

PROGRAM

THE ELEGANCE OF THINKING AESTHETICALLY

Friday, February 9th, 2024

- 8:00 a.m. **WELCOME ADDRESS and INTRODUCTORY REMARKS**
Melinda Haws, M.D., President, ASAPS
Devinder Singh, M.D., University of Miami Miller School of Medicine
Steven Williams, M.D., President, ASPS

Aesthetic & Technical Considerations for Primary and Secondary Breast Surgery

- 8:30 a.m. Obtaining Consistent Results in Primary and Secondary Mastopexy/Augmentation Melinda Haws, M.D.
Mary Gingrass, M.D.
- 8:55 a.m. Maintaining Long Term Contour in Mastopexy/Augmentation – The Role of Slow Absorbing P4HB Mesh William P. Adams Jr., M.D.
- 9:20 a.m. Preoperative and Intraoperative Considerations in Primary and Secondary Mastopexy/Augmentation David Hidalgo, M.D.
- 9:40 a.m. Preoperative and Intraoperative Considerations in Capsular Contracture and Implant Malposition Jacob G. Unger, M.D.
- 10:00 a.m. **PANEL DISCUSSION:** Aesthetic & Technical Considerations for Primary and Secondary Breast Surgery Melinda Haws, M.D.
Mary Gingrass, M.D.
William P. Adams Jr., M.D.
David Hidalgo, M.D.
Jacob G. Unger, M.D.
Rodney J. Rohrich, M.D., *Moderator*

- 10:30 a.m. Coffee Break

Elegance in Body Contour Surgery

- 11:00 a.m. Long Term Results in High-Definition Liposuction – The Emerging Role of Rib Resection and The Avoidance of Late Contour Irregularities Alfredo Hoyos, M.D.
- 11:25 a.m. Evidence Based Safety and Graft Retention of Autogenous Fat in Body Contour Surgery and Gluteal Augmentation Daniel Del Vecchio, M.D.
- 11:45 a.m. Personal Evolution in Body Contour Surgery – From Ultrasonic Assisted Liposuction to Current Techniques to Shape the Abdomen and Torso Mary Gingrass, M.D.
Melinda Haws, M.D.
- 12:05 p.m. **PANEL DISCUSSION:** Elegance in Body Contour Surgery Alfredo Hoyos, M.D.
Daniel Del Vecchio, M.D.
Mary Gingrass, M.D.
Melinda Haws, M.D.
James M. Stuzin, M.D., *Moderator*

- 12:30 p.m. Lunch

LIVE SURGERY

- 1:30 p.m. Mastopexy/Augmentation Incorporating P4HB Mesh William P. Adams Jr., M.D.
- 2:30 p.m. High Definition Liposuction with Rib Resection and Autologous Fat Grafting (INTERACTIVE VIDEO) Alfredo Hoyos, M.D.
- 3:30 p.m. Coffee Break

LIVE SURGERY

- 4:00 p.m. Implant Exchange with Mastopexy/Augmentation Melinda Haws, M.D.
Mary Gingrass, M.D.
- 5:00 p.m. Combining High Definition Liposuction with Gluteal Augmentation (INTERACTIVE VIDEO) Daniel Del Vecchio, M.D.
- 6:00 p.m. Adjournment
- 8:30 p.m. Guest Cocktail Reception

PROGRAM

THE ELEGANCE OF THINKING AESTHETICALLY

Saturday, February 10th, 2024

LIVE SURGERY

8:30 a.m. Primary Open Preservation Rhinoplasty

Aaron Kosins, M.D.

Elegance in Structural and Preservation Rhinoplasty

9:30 a.m. Endonasal Approach in Preservation Rhinoplasty

Dino Elyassnia, M.D.

9:50 a.m. Personal Approach in Open and Endonasal Rhinoplasty

David Rosenberg, M.D.

10:10 a.m. Lessons Learned in Structural vs Preservation Approaches in Rhinoplasty

Rodney J. Rohrich, M.D.

10:30 a.m. **PANEL DISCUSSION:** Elegance in Structural and Preservation Rhinoplasty

Dino Elyassnia, M.D.

David Rosenberg, M.D.

Rodney J. Rohrich, M.D.

James M. Stuzin, M.D., *Moderator*

11:00 a.m. Coffee Break

11:30 a.m. The Transition from Technical Thinking to Aesthetic Elegance – Surgical Evolution Demonstrated at the Baker Gordon Symposium

James M. Stuzin, M.D.

12:00 p.m. **KEYNOTE LECTURE:** A Career and a Lifetime Devoted to Surgical Rejuvenation of the Aging Face

Daniel C. Baker, M.D.

12:30 p.m. Lunch

LIVE SURGERY

1:30 p.m. Endonasal Preservation Rhinoplasty

Dino Elyassnia, M.D.

2:30 p.m. Approaches to Shape the Nasal Dorsum
(INTERACTIVE VIDEO)

David Rosenberg, M.D.

2:50 p.m. **DISCUSSION**

3:00 p.m. Lessons Learned in Shaping the Nasal Dorsum
(INTERACTIVE VIDEO)

Rodney J. Rohrich, M.D.

3:20 p.m. **DISCUSSION**

3:30 p.m. Coffee Break

4:00 p.m. Approaches to Shape the Nasal Tip/Maintenance of Tip Projection
(INTERACTIVE VIDEO)

David Rosenberg, M.D.

4:30 p.m. The Septal Extension Graft / Maintenance of Tip Projection
(INTERACTIVE VIDEO)

Rodney J. Rohrich, M.D.

5:00 p.m. **DISCUSSION**

5:30 p.m. Adjournment

THE FIFTY-EIGHTH ANNUAL BAKER GORDON EDUCATIONAL SYMPOSIUM

SPECIAL FEATURES

In keeping with the tradition of informality, open discussions will be held after each presentation and during the course of live demonstrations. Presentations may be substituted or added, as case load demands.

Note: PLEASE WAIT for registration confirmation before making non-refundable travel plans.

REGISTRATION FEE

Members of the American Society for Aesthetic Plastic Surgery, American Society of Plastic Surgeons, Plastic Surgery Educational Foundation and International Society of Aesthetic Plastic Surgery

\$1,800.00

Non-members of the Societies named above

\$1,850.00

Plastic Surgery Residents, (U.S. and Canada only)
with status verification

\$ 1000.00

*** Deadline for Early Registration: January 5, 2024**

After January 5, 2024, an additional \$150.00 will be assessed

CANCELLATION POLICY

Full refunds for registration will be given only if written notice of cancellation is received by December 8th, 2023. A 50% refund will be given if written notice is received by Jan. 5th, 2024. No refunds will be given after Jan. 6th, 2024.

HYATT REGENCY HOTEL INFORMATION

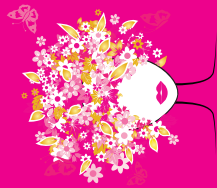


Stay in our official Baker Gordon Headquarters Hotel located in the middle of all the action and indulge in the spirit of the "American Riviera" at the HYATT REGENCY MIAMI, 400 S. E. 2nd Avenue (Phone 305-358-1234). Just 15 minutes from the glorious sand and gorgeous Art Deco district of South Beach, our downtown Miami hotel is also only 7 miles from Miami International Airport. The striking white towers of our urbane downtown Miami hotel overlook the Miami River and Biscayne Bay, and is connected to the Ashe Auditorium, our General Session room. Enjoy dramatic bayside or skyline views

from stylish, contemporary guestrooms. Enjoy the vibrant night life offered by a multicultural city that speaks ultra-cool fluently. Re-discover Hyatt Regency Miami, and experience the excellence you've come to expect from Hyatt.

A block of rooms is reserved at the Hyatt at rates which apply to symposium guests only: \$314.00 single/double per night, plus 13% State/Local Tax. Also available: Petite Suites \$364.00. One night's deposit is required to guarantee your reservation. PLEASE: Make your reservation early and directly with the hotel.

**NEXT YEAR
SAVE THE DATE**



James M. Stuzin, M.D.
3225 Aviation Avenue
Suite 100
Coconut Grove, FL 33133

PRESORTED STANDARD

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